

## Heroes Regional Park Library

**Adult Crafting: Paper Bag Scrapbook.** Adorn paper lunch bag pages with scrapbook and cardstock paper. The bag openings can store paper mementoes and cards. All supplies will be provided. Registration is required and space is limited. **Saturday, April 9, 1-2 PM. Yucca Room.**

**Nutrition Classes.** Earn your Certificate in Nutrition from the University of Arizona! This new, free, in-person series is offered by the U of A in partnership with the City of Glendale and presented by Khandle Hedrick, Instructional Specialist. Classes include: **Intro, Calories, Key Nutrients & My Plate** (April 9); **Healthy Fats & Oils: Intro to Food Labels** (April 16); **Carbs, Sugar and Fiber** (April 23); and **Protein, Micronutrients & Osteoporosis Prevention** (April 30). Registration is required. **Saturday, April 9, 16, 23 & 30, 3-4 PM. Yucca Room.**

**Scams and Frauds.** Review old, trending, and new tricks and scams. Being prepared and aware of the methods criminals use reduces your risk of falling for them. Presented by Joan Campbell, Community Affairs Coordinator with the Maricopa County Attorney's Office. Registration is required. **Wednesday, April 20, 11:30 AM-12:30 PM. Yucca Room.**

**Live Performance: Mike Krzyston.** Local musician Mike Krzyston has been playing on the local folk scene, including the Peoria and Glendale Libraries and various venues around Phoenix, for over 25 years. Registration is required. **Sunday, April 24, 2-3 PM. Youth Patio.**



## Velma Teague Library

**Adult Crafting: Book Page Art.** Calling adult crafters! Come create some beautiful book page crafts. All supplies will be provided. Registration is required and space is limited. **Saturday, April 16, 1-3 PM. Meeting Room.**

[www.glendaleazlibrary.com](http://www.glendaleazlibrary.com)

@glendalelibraryaz @glendalelibrary



◇ This program is supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.

All Glendale Public Library locations will be closed on Sunday, April 17, in observance of Easter.

All events at the Glendale Public Library are public, and participants may be photographed by the media and/or City staff for future print and/or online publication.

Please arrive on time for registered programs. If you are more than 10 minutes late, your space may be given to another.

Glendale Public Library is a division of the City of Glendale's Community Services Department: 623-930-3590



April 2022

Programs for Adults at the  
Glendale Public Library



# Events

To register for a program, please visit <https://bit.ly/gplzevents> or call 623-930-3600.

Foothills Library  
19055 N. 57th Ave.

Heroes Regional  
Park Library  
6075 N. 83rd Ave.

Main Library  
5959 W. Brown St.

Velma Teague Library  
7010 N. 58th Ave.

623-930-3600

Monday 12 PM-8 PM  
Tuesday 10 AM-4 PM  
Wednesday 10 AM-2 PM  
Thursday 10 AM-6 PM  
Friday 10 AM-6 PM  
Saturday 10 AM-5 PM  
Sunday 1 PM-5 PM



## Help Plan Our Future!



Take an online survey!  
Scan the QR Code or visit <http://bit.ly/gplcaprint1>  
Prefer paper? See a staff member.

Participate in a Community Assessment regarding library programs and services.

**Monday, April 11**

- Glendale Community Center, 5401 W. Ocotillo Rd., 4-5 PM
- Velma Teague Library, 5:30-6:30 PM
- Heroes Regional Park Library, 7:15-8:15 PM

**Tuesday, April 12**

- Foothills Library, 5:30-6:30 PM
- Main Library, 7:15-8:15 PM

**Wednesday, April 13**

- Glendale Adult Center, 5970 W. Brown St., 11 AM-12 PM
- Main Library, 6-7 PM
- Also available on Facebook Live [www.facebook.com/watch/GlendaleAZ/](http://www.facebook.com/watch/GlendaleAZ/)

## Foothills Library

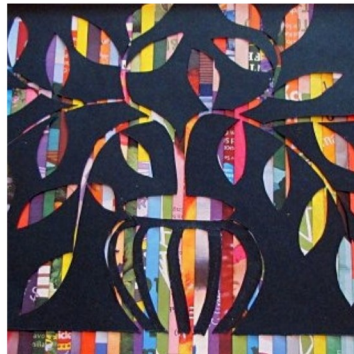
**Foothills Coffeehouse.** Enjoy acoustic music performed by local musicians. This month: Mark Jukich - bluegrass & folk; Aline Divide - bluegrass, folk, country, rock & roll. **Monday, April 4, 6:30-8 PM. Roadrunner Room.**

**MWU Community Health Lecture Series: The Legacy of Knowledge Through the Gift of Body Donation.** By enrolling in a body donation program, you can become the "first patient" for healthcare students learning about human anatomy. Explore the history of anatomical studies, why whole-body donation is important for healthcare education, and how to learn about body donation options. Presented by Sandra Inouye, Ph.D., of Midwestern University. **Monday, April 11, 6:30-8 PM. Roadrunner Room.**

**Adult Crafting: Magazines Transformed into Art.** With some old colorful magazines, a little construction paper and an 8x10 backing board, you will have a beautiful piece of art to take home and frame. Come craft with us! All supplies will be provided. Registration is required and space is limited. **Tuesday, April 12, 2-4 PM. Roadrunner Room.**

**Nature, Healing, and the Milky Way.** The Milky Way is our galactic home, our sacred space in the universe. Learn to connect with nature and the Milky Way through personal observation, infusing fresh energy to revive yourself and our beloved planet. Presented by Shamanic Practitioner and Teacher Carla Meeske, whose work has expanded into the stars, with journeys to the origin energy of our known world. **Monday, April 18, 6:30-8 PM. Roadrunner Room.**

**FRANK Talk: What Is Patriotism?** Patriotism has been defined as loyalty to or defense of one's country. What do political leaders and social activists mean when they use the term "patriot"? How is patriotism expressed now? Join us for an in-depth conversation about the history of patriotism in the U.S. and what it means today. Facilitated by Matthew Whitaker of Diamond Strategies LLC. FRANK Talks are produced in partnership with Arizona Humanities and the Arizona State Library, Archives and Public Records. **Monday, April 25, 6:30-8 PM. Roadrunner Room.**



### The Spectacular Spring Book Sale Returns!

Don't miss our huge sale of books and media in the Roadrunner Room at the Foothills Library! There'll be something for everyone in our largest meeting room. In addition, our cash-only Buck-a-Bag sale will run in the smaller Hummingbird Room, with bags provided by the library and a limit of two bags per person. Proceeds benefit your library. **Saturday, April 30, 10 AM-4 PM (Roadrunner Room) & 10 AM-2 PM (Hummingbird Room).**

‡ This performance is funded by a City of Glendale Performing Arts Grant.

## Main Library

**Adult Crafting: Woven Flowerpot.** Learn how to weave a flowerpot using yarn, beads, and a cup, then add foam and gravel. Please provide your own silk flowers. Registration is required and space is limited. **Monday, April 4, 6-7:30 PM. Large Meeting Room.**

**Introduction to the Business Model Canvas.** The Business Model Canvas (BMC) is a one-page living document that lets you quickly and easily communicate and plan your business. Learn about the nine segments that comprise this tool and how you can use them to define your business, idea, or concept. Registration is required. **Tuesday, April 5, 3-4:30 PM. Large Meeting Room.**

**Live @ the Library: Artistry in Rhythm Jazz Septet.** Celebrate Jazz Appreciation Month! The Artistry in Rhythm jazz combo debuts at the library with a set of chart-topping jazz standards. With swinging titles like Sinatra's "Fly Me to the Moon," "Bye Bye Blackbird" recorded by jazz legend Miles Davis, and tunes with relentless grooves like "Samba de Orfeu," this event promises to be a memorable evening for everyone. **Monday, April 11, 6:30-7:30 PM. Auditorium.**

**Savvy Succulent Spaces.** Explore how to successfully grow spectacular succulents that are well-suited to the low desert, whether grown in the ground or in containers. Starr Urbatsch, the Agave, Aloe, & Non-Cactus Succulents Collections Manager at the Desert Botanical Garden, will also share information about appropriate species that thrive indoors. Visit <https://bit.ly/GLSClasses> to register. **Saturday, April 16, 10-11:30 AM. Auditorium.**

**Main Library Coffeehouse: Mike Krzyston & Flashback.** Enjoy acoustic music performed by local musicians. This month: Mike Krzyston - fingerstyle guitar; Flashback - fifties and sixties rock & roll. **Monday, April 18, 6:30-7:30 PM. Auditorium.**

**An Afternoon of Music with Mike Greenleaf & Cowboy Wrecks.** Celebrate Mike Greenleaf's 70th birthday (two years belated) with an afternoon of music. Singer/songwriter Cowboy Wrecks will open the show, followed by Mike Greenleaf. **Sunday, April 24, 1-2:30 PM. Auditorium.**

‡ **Live @ the Library: The Mary Petrich Trio.** Celebrate Jazz Appreciation Month! From a foundation in classical music, the freedom and creativity of jazz have emerged as the driving forces in Mary Petrich's performances, leading to unique concert experiences! Join us for an inside look into how improvisation happens in a concert setting. **Monday, April 25, 6:30-7:30 PM. Auditorium.**



## Virtual Library

*You must register to receive the Zoom link for a virtual program.*

◇ **Writer in Residence Workshop: Writing a Book Readers Can't Put Down.** The best way to get and keep readers is crafting a story they're compelled to read. If you've ever stayed up all night to read a book, you know the feeling. In this workshop, we'll look at tips and tricks for creating stories readers can't put down. If you're a writer who wants to grab and keep readers, don't miss this workshop. **Thursday, April 14, 6-7:30 PM.**

**AZ Speaks: Where Healthcare Meets the Humanities — The Therapeutic Value of Poetry.** Explore the history of poetic therapy in America. We'll discuss the features that make poetry an ideal and efficacious form of augmentative therapy — in other words, how it can help us discover creative ways to explore our vulnerabilities, recast our narratives, and encourage hope and healing. Learn how poetry can potentially revolutionize both patient care and the education of future practitioners. Presented by Rosemarie Dombrowski, the inaugural Poet Laureate of Phoenix, AZ. **Monday, April 25, 6-7 PM.**

◇ **Writer in Residence Workshop: How to (or Not to) Use the Pandemic in Your Creative Work.** The last two years have been unlike anything most of us have ever lived through. How do you work the pandemic into your creative work? Or should we ignore it altogether? In this workshop we'll explore options for incorporating (or not) the pandemic, and other historic events, into the stories we write. **Thursday, April 28, 6-7:30 PM.**



For special accommodations, please call the host location at least one week prior to the program.