



**Grow
Play
Learn**



School Readiness at Glendale Public Library

Self-Directed and Engaged Learning

Self-Directed and Engaged Learning is beneficial in helping us realize our potential and grow into life-long learners.

Extend Learning

- Offer new experiences and information that build on your child's interests. Are trains the latest cool thing in your child's life? Visit a model railroad museum, build a cardboard box train, and check out train books from your local library. Be creative!
- When going on an outing, do a little research beforehand about what you will be seeing. Compare and contrast notes about what you researched and what you saw in person.

Present a New Idea

- Provide plenty of simple, inexpensive toys for endless creative play. Keep plenty of blocks, balls, boxes, toy animals, or anything that can stimulate imagination and problem-solving.
- When you hear, "I'm bored!" don't immediately step in and find something for your child to do. Allow them to come up with safe, creative ideas for entertaining themselves.

Model Setting and Achieving Goals

- Provide your child with opportunities and time for independent self-care activities, such as dressing themselves, washing their hair, making the bed, and putting together a healthy snack.
- Break down goals into smaller milestones. For example, try baking cookies. Start by finding a recipe, then learn about measurement and cooking utensils, visit the grocery store for the ingredients, and finally make the cookies!



Find a list of books that feature Self-Directed and Engaged Learning at <http://bit.ly/growplaylearn>

Glendale Main
Library
5959 W. Brown St.
Glendale, AZ 85302

Foothills
Library
19055 N. 57th Ave.
Glendale, AZ 85308

Velma Teague
Library
7010 N. 58th Ave.
Glendale, AZ 85301

Heroes Regional
Park Library
6075 N. 83rd Ave.
Glendale, AZ 85303

623-930-3600 • www.glendaleazlibrary.com

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