Contact: Judy Coon Glendale Public Library Phone: 623-930-3446

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# Drop-in Fridays for Seniors @ the Teague

New program taking place EVERY Friday from 10:00 a.m. to 2:00 p.m.

**GLENDALE, ARIZONA - JANUARY 7, 2019.** On Friday, February 15, 2019, the Velma Teague Branch Library will hold an Open House to introduce Senior Citizens to our new programming planned especially for them. The Open House will begin at 10:00 a.m. and continue until the Library closes at 2:00 p.m.

Drop-in Fridays are designed for seniors. Many times, we have been told that older library patrons no longer attend programs at night because they no longer drive. This program is designed to address that need.

Certain activities will be offered every week – coloring, board and card games, and jigsaw puzzles. However, we are planning more programs to address the needs and desires of seniors for appropriate programs.

## Help with electronics:

- Using your tablets and e-readers
- Downloading library materials to your device

## **Express yourself:**

- Participate in reading a play
- Read poetry
- Listen to a story and add your own reminiscences
- New Gentle Reads Book Club

#### Cultural enrichment:

- History lectures
- Art appreciation lectures
- Music lectures
- Travel lectures

### How to cope with aging:

- Choosing health insurance and health care questions
- Social Security questions
- Medicare questions
- AARP programs
- Choosing a new residence
- Fraud protection
- Scam watches

## Memory times for adults:

- Genealogy
- Writing memoirs
- Scrapbooking

# Music programs:

- Electronic keyboard and sheet music available
- Karaoke (featuring songs of the fifties and sixties)
- Adult Song Study Workshops with Phoenix Conservatory of Music Teaching Artists

#### Crafts:

- Bring your needlework, crocheting, knitting or sewing
- Arts and crafts show featuring the art of participants

The library staff has already been in contact with several potential presenters. We welcome any volunteers who would like to present a program. We also welcome any suggestions from those seniors who attend our Drop-In Fridays. These programs are meant for you.

Be sure to attend the Open House on Friday, February 15, 2019 and plan to drop in on any subsequent Friday. Groups are welcome, but please call in advance if you are planning to bring a group.

The Velma Teague Branch Library is located at 7010 North 58<sup>th</sup> Avenue. Please call Judy Coon at (623) 930-3446 for additional information.



Library and Arts is a division of the Glendale Public Library Community Services Department.

Glendale Public Library is the vital link to our rapidly changing world. Our mission is to empower our community by providing free and equitable access to information, technology, cultural, educational and life enhancing materials and services.